**GREAT NOOSA COUNTRY TRAIL WALK**

**PARTICIPANT RISK WAIVER:**

**RELEASE AND WAIVER OF LIABILITY**

*Please read the below and then fill in your details and sign.*

1. I understand that participating in Great Noosa Country Trail Walk (Cooroy Future Group Inc the “organiser”) activities and any associated training including training walk(s) organised by Great Noosa Country Trail Walk (Cooroy Future Group Inc), carries with it certain dangers including the risk of physical or mental injury (including the aggravation, acceleration or recurrence of such an injury), death and/or property damage and I accept (to the maximum extent permitted by law) all risks associated with my participation.
2. I understand that participating in activities and training walk(s) will involve walking or hiking on roads and rugged, isolated and often remote tracks. I am aware of the hazards involved. The hazards include, but are not limited to, road or track surfaces, remoteness from assistance or medical aid, the strenuous nature of walking on undulating terrain, becoming lost, vehicle traffic, actions of other participants, supporting agencies, weather conditions and heat exhaustion, condition or suitability of participant’s clothing, footwear or equipment.
3. I certify that I am physically fit, have sufficiently trained for participation in the activity &/or training walk(s) and have not been advised otherwise by a qualified medical person. I have been given access to information about the activity. I confirm that Great Noosa Country Trail Walk (Cooroy Future Group Inc) is not responsible for providing me with medical advice regarding my ability to participate in the activity.
4. I agree that, to the extent permitted under law, Great Noosa Country Trail Walk (Cooroy Future Group Inc) excludes all liability in respect of any:
   1. death;
   2. physical or mental injury (including the aggravation, acceleration or recurrence of such an injury);
   3. contraction, aggravation or acceleration of a disease;
   4. that the Activity and/or training walk(s) will be provided with due care and skill;
5. I understand that during the Activity, I may be photographed or filmed. I agree to allow my photograph, video or film likeness to be used for any legitimate purpose by Great Noosa Country Trail Walk (Cooroy Future Group Inc) unless I specifically advise against use prior to an activity.
6. I agree to abide by the Activity Rules and I will comply with all instructions issued to me by or on behalf of the Indemnified Parties in relation to my participation in the Activity and/or training walk(s).  I understand that my participation will be restricted if through my actions or behaviour, in the opinion of the organiser, I break any of the Activity rules or I bring the Activity into disrepute.
7. I acknowledge that Great Noosa Country Trail Walk (Cooroy Future Group Inc) may re-route, delay, or cancel the activity due to weather conditions, natural disaster, acts of god, terrorism, war or any other reason that may affect safety. I acknowledge that I must follow all directions given to me by the event crew of Great Noosa Country Trail Walk (Cooroy Future Group Inc).
8. I acknowledge that to the maximum extent permitted by law Great Noosa Trail Walk (Cooroy Future Group Inc) is excluded from all liability to me, including negligence and whether my loss or damage has occurred to my person or my property. Where that liability cannot be excluded, the liability of Great Noosa Country Trail Walk (Cooroy Future Group Inc) is limited to the maximum extent permitted by law.
9. I further acknowledge that having been advised of the associated risks, I wish to undertake the activity and hereby release and hold harmless the company and its employees from any suit/demand/claim arising as a consequence of my participation.
10. I waive any and all claims I have or may have in the future against Great Noosa Country Trail Walk (Cooroy Future Group Inc), employees, agents, suppliers, contractors and insurers and release, indemnify and hold them harmless from any and all liability, actions, claims and demands of whatever nature however caused and by whomever brought as a result of or arising out of or connected with the activity including but not limited to claims in negligence, contract or for breach of statutory duty or statute.
11. I further acknowledge that I have been advised by the principals, servants and/or agents of Great Noosa Country Trail Walk (Cooroy Future Group Inc) of the risks associated with the activities and to the extent permitted by law, I have voluntarily assumed those risks. I further acknowledge that this document may be relied upon in any proceedings instituted in any Court by me or my heirs, executors and assigns.
12. I acknowledge and understand that personal accident and life insurance is obtainable and waive any claim through me, by any insurer in my name or on my behalf.
13. I confirm that I am suitably fit and healthy to participate in this event and that a doctor or medical professional has not advised me otherwise.
14. I agree it is my responsibility to ensure I have the appropriate attire, and that it is my responsibility to ensure I am fit, healthy and physically prepared to participate in any such event.
15. I confirm that participation in an outdoor event involves the risk of serious injury or even death, from various causes including overexertion, dehydration, equipment failure and accidents with equipment and surroundings.
16. Some of the course involves outdoor uneven terrain, and there is always the risk of inclement adverse weather conditions from time to time. I further acknowledge and agree that the activity of walking the event is inherently risky and dangers may include, but are not limited to uneven trail conditions, extreme physical exertion, and limited medical aid and communications.
17. I confirm that I accept all risks and any injury, loss or damage that may occur is solely my responsibility. I understand and agree that there are inherent risks and dangers involved with walking outdoors on natural and remote trails, due to the nature of the activity.